

Spaghetti A La Crema

Yield: 4 min
Total Time: 50 min

Recipe from: <https://www.recipeschoose.com/recipes/a-la-crema-recipe-mexican>

Ingredients:

- 1/2 package spaghetti Barilla®, 8 oz
- 1/4 white onion small
- 1 bay leaf
- 2 tablespoons butter
- 1 tablespoon pasta
- 1 cup baked ham cut in small cubes* 4 ½ oz
- 1/2 cup Mexican cream
- salt
- pepper
- 1 cup jack cheese Monterrey

Nutrition:

1. Calories: 220 calories
2. Carbohydrate: 5 grams
3. Cholesterol: 55 milligrams
4. Fat: 19 grams
5. Fiber: 1 grams
6. Protein: 8 grams
7. SaturatedFat: 12 grams
8. Sodium: 410 milligrams
9. Sugar: 2 grams

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