

# Cheesy Taco Pie

Yield: 8 min  
Total Time: 45 min

Recipe from: <https://www.recipeschoose.com/recipes/a-good-recipe-for-mexican-taco-pie>

## Ingredients:

- 1 pound ground beef
- 1 medium onion chopped, about half a cup
- 1 package taco seasoning mix
- 1 can green chiles chopped, drained
- 1 cup heavy cream
- 6 large eggs
- 3 cloves garlic minced
- 1/2 teaspoon salt
- 1/4 teaspoon black pepper
- 1/4 teaspoon cumin
- 1 1/2 cups shredded sharp cheddar cheese I used Cabot

## Nutrition:

1. Calories: 410 calories
2. Carbohydrate: 7 grams
3. Cholesterol: 270 milligrams
4. Fat: 33 grams
5. Fiber: 1 grams
6. Protein: 22 grams
7. SaturatedFat: 17 grams
8. Sodium: 670 milligrams
9. Sugar: 3 grams
10. TransFat: 0.5 grams

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