

# Christmas Fruit Salad

Yield: 4 min  
Total Time: 15 min

Recipe from: <https://www.recipeschoose.com/recipes/christmas-salad-recipe-ideas>

## Ingredients:

- 4 cups green grapes
- 4 kiwi peeled and cut into half moons
- 2 cups strawberries cut into quarters
- 1 cup fresh raspberries
- 1/3 cup pomegranate seeds
- 1 tablespoon honey
- 1 lime

## Nutrition:

1. Calories: 140 calories
2. Carbohydrate: 35 grams
3. Fat: 1.5 grams
4. Fiber: 8 grams
5. Protein: 3 grams
6. Sodium: 5 milligrams
7. Sugar: 21 grams

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