

Vegetarian 6-layer Mexican Dip

Yield: 12 min
Total Time: 10 min

Recipe from: <https://www.recipeschoose.com/recipes/6-layer-mexican-dip-recipe>

Ingredients:

- 16 ounces refried black beans
- 16 ounces guacamole
- 12 ounces salsa
- 24 ounces sour cream
- 8 ounces shredded mozzarella and Cheddar Blend
- 2 ounces sliced black olives

Nutrition:

1. Calories: 220 calories
2. Carbohydrate: 12 grams
3. Cholesterol: 45 milligrams
4. Fat: 16 grams
5. Fiber: 3 grams
6. Protein: 9 grams
7. SaturatedFat: 9 grams
8. Sodium: 770 milligrams
9. Sugar: 4 grams

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