

3-Ingredient Banana Pancakes

Yield: 4 min
Total Time: 10 min

Recipe from: <https://www.recipeschoose.com/recipes/3-ingredient-swedish-meatball-recipe>

Ingredients:

- 1 banana
- 2 eggs
- 1/2 cup oatmeal – If you would like to make these gluten-free, be sure you are using a gluten-free oatmeal.

Nutrition:

1. Calories: 100 calories
2. Carbohydrate: 14 grams
3. Cholesterol: 105 milligrams
4. Fat: 3 grams
5. Fiber: 2 grams
6. Protein: 5 grams
7. SaturatedFat: 1 grams
8. Sodium: 60 milligrams
9. Sugar: 4 grams

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