

3-ingredient Southern Buttermilk Biscuits

Yield: 9 min
Total Time: 35 min

Recipe from: <https://www.recipeschoose.com/recipes/3-ingredient-southern-biscuit-recipe>

Ingredients:

- 2 1/4 cups self rising flour plus more for dusting
- 1 stick unsalted butter cold, cut into cubes
- 1 cup buttermilk cold
- 2 tablespoons melted butter for brushing

Nutrition:

1. Calories: 240 calories
2. Carbohydrate: 24 grams
3. Cholesterol: 35 milligrams
4. Fat: 14 grams
5. Fiber: 1 grams
6. Protein: 4 grams
7. SaturatedFat: 8 grams
8. Sodium: 440 milligrams
9. Sugar: 1 grams

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