

3 Ingredient Crock Pot Ribs

Yield: 4 min
Total Time: 50 min

Recipe from: <https://www.recipeschoose.com/recipes/3-ingredient-slow-cooker-italian-beef-sandwich-recipe>

Ingredients:

- 3 1/2 pounds ribs
- 1/2 cup water
- 1/2 teaspoon salt
- 1/4 teaspoon pepper
- 2/3 cup bbq sauce plus more for serving if desired

Nutrition:

1. Calories: 900 calories
2. Carbohydrate: 14 grams
3. Cholesterol: 240 milligrams
4. Fat: 56 grams
5. Protein: 79 grams
6. SaturatedFat: 20 grams
7. Sodium: 910 milligrams
8. Sugar: 10 grams

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