

One-Hundred-One-Year-Old Pastry

Yield: 6 min
Total Time: 35 min

Recipe from: <https://www.recipeschoose.com/recipes/200-year-old-recipe-adds-new-flaocrs>

Ingredients:

- 2 1/2 cups all purpose flour sifted
- 1/2 teaspoon salt
- 1 cup shortening
- 1 egg
- 1 tablespoon distilled white vinegar
- 1 1/2 cups cold water

Nutrition:

1. Calories: 550 calories
2. Carbohydrate: 43 grams
3. Cholesterol: 40 milligrams
4. Fat: 39 grams
5. Fiber: 2 grams
6. Protein: 7 grams
7. SaturatedFat: 10 grams
8. Sodium: 230 milligrams
9. TransFat: 5 grams

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