

Italian Sausage and White Bean Soup

Yield: 4 min
Total Time: 15 min

Recipe from: <https://www.recipeschoose.com/recipes/italian-sausage-and-white-bean-soup-recipe>

Ingredients:

- 1 pound Italian sausage
- 1 onion diced
- 6 cloves minced
- 15 ounces cannellini beans drained and rinsed
- 28 ounces diced tomatoes
- 1 teaspoon dried basil
- 1 teaspoon Italian seasoning
- 6 cups chicken broth
- 1/2 cup elbow macaroni uncooked
- 6 ounces baby spinach
- 1/3 cup grated Parmesan
- salt
- pepper

Nutrition:

1. Calories: 690 calories
2. Carbohydrate: 46 grams
3. Cholesterol: 95 milligrams
4. Fat: 43 grams
5. Fiber: 5 grams
6. Protein: 39 grams
7. SaturatedFat: 14 grams
8. Sodium: 1320 milligrams
9. Sugar: 8 grams

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