

{12 Days of Holiday Candy} Egg Nog Marshmallows

Yield: 4 min
Total Time: 50 min

Recipe from: <https://www.recipeschoose.com/recipes/12-days-of-christmas-recipe-ideas>

Ingredients:

- 1/2 cup water
- 3 tablespoons gelatin 3 packets
- 2 cups sugar
- 1/2 cup eggnog
- 1/4 cup maple syrup
- 1 teaspoon vanilla extract
- 1/2 cup powdered sugar
- 1/4 cup cornstarch
- nutmeg for dusting

Nutrition:

1. Calories: 610 calories
2. Carbohydrate: 140 grams
3. Cholesterol: 20 milligrams
4. Fat: 2 grams
5. Fiber: 1 grams
6. Protein: 12 grams
7. SaturatedFat: 1.5 grams
8. Sodium: 45 milligrams
9. Sugar: 130 grams

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