

# Homemade Italian Seasoning Spice Mix

Yield: 4 min  
Total Time: 20 min

Recipe from: <https://www.recipeschoose.com/recipes/worlds-best-italian-seasoning-recipe>

## Ingredients:

- 1/4 cup dried basil
- 1/4 cup dried oregano
- 1/4 cup dried rosemary
- 1/4 cup dried thyme
- 1/4 cup onion flakes dried
- 3 tablespoons garlic powder
- 2 tablespoons sea salt
- 2 tablespoons dried parsley
- 1 tablespoon ground paprika
- 1 tablespoon red peppers crushed
- 1 cup extra virgin olive oil
- 2/3 cup white wine vinegar
- 2 tablespoons Italian seasoning mix use my recipe above or a store-bought Italian seasoning

## Nutrition:

1. Calories: 570 calories
2. Carbohydrate: 18 grams
3. Fat: 55 grams
4. Fiber: 6 grams
5. Protein: 3 grams
6. SaturatedFat: 8 grams
7. Sodium: 3660 milligrams
8. Sugar: 3 grams

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